

Dr. Matt Muijen OBE (hon), MD, MSc, PhD, FRCPsych

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Currently, I am active as a consultant in international mental health, and work as consultant to WHO. I am also policy adviser to the Danish Mental Health Foundation (Psykiatrifonden).

I have 30 years' experience of policy development and implementation in mental health at national level, in the UK and most other European countries, and inter-governmentally. I am regarded as a leading expert in this field but I also have in depth experience of management, project management, public affairs and oral and written communications at the highest levels.

Summary of expertise:

- In depth experience of working at senior levels internationally, nationally and locally in the public sector and voluntary sector.
- Track record of formulating policy and strategy and managing their implementation as demonstrated by the support I have provided to the reform of mental health services in over 25 countries.
- Experience of drafting international Declarations and Action Plans and coordinating their adoption by countries and other stakeholders, such as the Declaration on the health of Children and Young People with Intellectual Disabilities.
- Deeply familiar with the functioning of intergovernmental agencies. I have worked in partnership with many organizations including the European Commission, UNICEF, the Council of Europe and the World Bank.
- Extensive network of experts and policy makers in the UK and other European countries.
- Ability to lead change. I have analysed and reported on quality and efficiency of care systems and functioning of organizations in many countries, and advised on development. I am familiar with all aspects of the change process through diagnosis, planning, advocacy and delivery.
- Strong communication skills, both in writing and speaking, as demonstrated by many papers and reports and numerous speaking engagements.

- Strong commitment to health care and improving public health, with a track record of delivery from the idea to completion.
- Influential advocate for evidence based policy.

Previous posts:

**Regional Adviser/Programme Manager Mental Health and Mental disorders, WHO Regional Office for Europe, Copenhagen.
May 2004-January 2017**

duties and responsibilities:

1. Responsible for WHO activities in the field of mental health and neuro-degenerative disorders in the European Region (53 countries).
2. Responsible for the drafting, coordination and delivery of Declarations, Action Plans and other political documents.
3. Working with Ministries to develop and implement mental health services, in partnership with country offices.
4. Representing WHO and demonstrating leadership at major international meetings and conferences.
5. Producing evidence by planning, conducting and publishing epidemiological studies.

key achievements:

1. Generated political commitment to mental health and raised its profile in Europe by producing several key policy documents that were endorsed by all 53 European Member States:
 - the first ever Mental Health Declaration and Action Plan for Europe in 2005, with numerous follow-up high-level national and international meetings;
 - The Declaration and Action Plan 'Better Health, Better Lives: Children and Young People with Intellectual Disabilities and their Families' adopted in 2010.
 - The European Mental Health Action Plan adopted in Izmir in 2013.
2. Steered reform processes in low and middle income countries and countries in transition, operating in a variety of fields - policy, clinical and managerial leadership.
3. Established priorities: mental health in primary health care, human rights and improvement of living conditions in institutions, mental health

promotion and prevention, service development, workforce education and training, quality assurance in mental health care and children and adults with intellectual disabilities.

4. Forged solid and productive partnerships with international organizations (European Commission, UNICEF, Council of Europe), professional organizations, patient and family organizations, Member States and expert groups.
5. Frequent speaker to promote WHO policy messages.
6. Created a communication strategy to improve a media profile targeting change agents.
7. Successfully secured funding and donations from a variety of sources (national governments, charities, EC).

Responsible for management of 5-10 staff.

**Director/Chief Executive The Sainsbury Centre for Mental Health
August 1991-April 2004**

I developed an organization with a very high and positive profile that was recognized as visionary and made a significant impact on the mental health system reform in the UK. Achievements were:

1. Successfully managed a wide range of projects targeting issues in mental health, ranging from promotion and care to social inclusion.
2. Influenced policy process at highest level of Government.
3. Published a large number of reports and papers that targeted opinion leaders and decision makers in areas such as inequalities, substance misuse, minorities, care standards and workforce.
4. Sponsored training courses and development opportunities for mental health workers, in partnership with universities.

The budget of the Sainsbury Centre for Mental Health was about £5m annually, and the organization employed between 40-70 staff.

**Honorary Lecturer
Institute of Psychiatry King's College, London
May 1987 - August 1991**

I was as psychiatrist on the first UK crisis and assertive outreach team (The Daily

Living Programme). In this position I was:

1. Responsible for recruitment and operational policies.
2. Involved in evaluating the service as part of a randomised controlled trial.
3. Responsible for clinical care of the patients, including some very challenging situations.
4. Obtained a MRC training fellowship, enabling me to complete an MSc in epidemiology and a PhD.

Education and training

2004- 2016	Copenhagen, Geneva, Tunis	Variety of WHO sponsored courses on management, communication and health system development.
2001- 2004	UK	Courses on media communications, interviewing, and parliamentary activities
1997- 2004	Industrial Society London, UK	Mentoring in leadership and management. Industrial Society, London. Runge Leadership Course. Industrial Society.
1990- 1991	MSc London School of Hygiene and Tropical Medicine, London, UK	MSc: Masters Degree in Epidemiology, supported by an MRC grant.
1988- 1991	Institute of Psychiatry, King's College, London UK	PhD: 'A controlled study comparing community based care with standard hospital care'.
1981-	Royal College of Psychiatrists London, UK	1984: Member of the Royal College of Psychiatrists (MRCPsych).
1974- 1981	University of Amsterdam. Netherlands	MD (Medical Degree)

HONOURS AND NON-EXECUTIVE POSITIONS

2004- 2016 As WHO staff member not permitted to accept secondary positions to avoid conflict of interests.

2003: Honorary Officer in the Order of the British Empire (OBE hon) for contributions to mental health in the UK.

2003: Trustee Turning Point. Chair Clinical Governance Committee.

2001: Fellow of the Royal College of Psychiatrists.

2000: Visiting Professor: Middlesex University.

1998: Trustee: Primary Care Counselling Trust

1998: Patron: Early Years Children's Network.

1996: Honorary Assistant Professor: University of Pennsylvania Medical School.

APPOINTMENTS AND ADVISORY ROLES (selected)

2005-2016 *In WHO* capacity and as expert, convened, chaired and attended very large number of groups related to policy, strategy and workforce design related to mental health and broader health areas covering promotion, empowerment and system development.

In England, until 2004, I was a member of many national groups responsible for the design, implementation and evaluation of mental health services, working in close partnership with the DOH and charities. A short indicative selection:

2004-2005 Member Department of Health executive group on Foundation Hospitals for Mental Health.

Member expert sub-group Financial flows.

2003 Co-Chair Workforce Redesign Group.

2002 Project Leader Best Value Review Hackney (London).

2002 Mental Health Care Group Workforce Team.

2000-2004 Member National Mental Health Taskforce. Chair: Professional Skills and skill-mix.

Others:

2002 Review Amsterdam mental health services.

1998- 2004 Member 'Gezondheidsraad' (Government Health Advisory Committee), The Netherlands: Alternatives to hospital care for hard to engage group needing acute care.

Publications and Presentations

Many publications in a variety of magazines and journals, related to mental health care, human rights and user and patient issues.

Frequent presentations on a wide variety of subjects covering mental health, health systems, rights and quality (about 25 annually).